New Articles from the *Orthopaedic Journal of Sports Medicine*

August 2015 – Volume 3, Issue 8

**Two Helpful MRI Signs for Evaluation of Posterolateral Bundle Tears of the Anterior Cruciate Ligament: A Pilot Study**
Yulia V. Volokhina, DO, Hasan M. Syed, MD, Peter H. Pham, MD, Allie K. Blackburn, MD

**The Importance of the Intercondylar Notch in Anterior Cruciate Ligament Tears**
Tomás Fernández-Jaén, MD, PhD, Juan Manuel López-Alcorocho, PhD, Elena Rodríguez-Iñigo, PhD, Fabián Castellán, MD, Juan Carlos Hernández, MD, Pedro Guillén-García, MD, PhD

**SLAP Repairs With Combined Procedures Have Lower Failure Rate Than Isolated Repairs in a Military Population: Surgical Outcomes With Minimum 2-Year Follow-up**
MAJ Brian R. Waterman, MD, MC USA, CPT William Arroyo, MD, MC USA, CPT Kenneth Heida, MD, MC USA, COL Robert Burks, PhD, COL Mark Pallis, DO, MC USA

**Posterior Capsular Plication Constrains the Glenohumeral Joint by Drawing the Humeral Head Closer to the Glenoid and Resisting Abduction**
Joseph P. DeAngelis, MD, Benjamin Hertz, MSc, Michael T. Wexler, BSc, Nehal Patel, MSc, Kempland C. Walley, BSc, Ethan R. Harlow, BSc, Ohan S. Manoukian, BSc, Aidin Masoudi, MD, Ashkan Vaziri, PhD, Arun J. Ramappa, MD, Ara Nazarian, PhD

**Patients With Isolated PCL Injuries Improve From Surgery as Much as Patients With ACL Injuries After 2 Years**
Christian Owesen, MD, Einar Andreas Sivertsen, MD, PhD, Lars Engebretsen, MD, PhD, Lars-Petter Granan, MD, PhD, Asbjørn Årøen, MD, PhD

**Factors Expressed in an Animal Model of Anteroinferior Glenohumeral Instability**
Mary K. Mulcahey, MD, Mindy Marshall, Stacey E. Gallacher, MD, Lee A. Kaback, MD, Theodore A. Blaine, MD

**Triceps Tendon Ruptures Requiring Surgical Repair in National Football League Players**
Joseph L. Finstein, MD, Steven B. Cohen, MD, Christopher C. Dodson, MD, Michael G. Ciccotti, MD, Paul Marchetto, MD, Matthew D. Pepe, MD, Peter F. Deluca, MD

**Tolerability and Efficacy of 3 Approaches to Intra-articular Corticosteroid Injections of the Knee for Osteoarthritis: A Randomized Controlled Trial**
Bradford S. Wagner, MD, Allyson S. Howe, MD, William W. Dexter, MD, John R. Hatzenbuehler, MD, Christina Holt, MD, MSc, MA, Amy E. Haskins, PhD, F. Lee Lucas, PhD

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